

Here are some examples of problem solving. Fill in the worksheet with examples from your own experience.

Problem Solving Worksheet

The Problem	Potential Solution	How It Worked
<i>Sallie has to be at school at 8:15 and Don's medical appointment is at 8:30 across town. I can't be in both places.</i>	<i>Ask Terry's mom if I could drop off Sallie at her house early and she could drive Sallie and Terry to school together.</i>	<i>Worked great!</i>
<i>I can't remember what the doctor told me to do about John's memory problems.</i>	<i>Ask again at the next appointment.</i>	<i>I still forgot—he's not the only one with memory problems!</i>
<i>Nothing's changed—I still can't remember what to do.</i>	<i>Next appointment, I will take a notebook with me and write down his answer.</i>	<i>Now I can refer to my notes and don't feel so worried about it.</i>